



2020 NFHS Football Exam - Part II

NOTE: In the exam situations, A—refers to the offensive team and B—refers to their opponents the defensive team. K—refers to the kicking team and R—refers to the receiving team. A1, B1, K1 and R1 are players of these teams. If team possession changes during the down, each team retains its identity. In kicking situations, it is not during a try and no fair-catch signal has been given unless specified. Unless stated, acts occur while: the ball is inbounds; a forward pass is legal; any out-of-bounds is between the goal lines. Line means scrimmage line. Reference to a foul is to a player foul which is not unsportsmanlike. There is no foul or change of possession, unless it is mentioned, and penalties are considered accepted for enforcement.

1. The horse-collar foul is enforced as a live-ball foul.
 - A. True
 - B. False
2. By state association adoption, instant replay is allowed for regular season and postseason contests.
 - A. True
 - B. False
3. Equipment that becomes illegal through game use is handled by rule procedure without penalizing the player or the head coach.
 - A. True
 - B. False
4. If the game is interrupted due to weather during the last three minutes of the second period, and the delay is at least 30 minutes, the opposing coaches can mutually agree to shorten halftime intermission, provided there is at least a one-minute intermission (not including the three-minute warm-up period).
 - A. True
 - B. False
5. If the field is wet, the referee may allow use of a mat or towel on the ground to improve the kicker's footing on a place-kick.
 - A. True
 - B. False
6. If the field of play has a logo in the center or at any other part of the field of play, that logo should not obstruct the visibility of the required marks every five yards.
 - A. True
 - B. False
7. A player or nonplayer can trip an opponent.
 - A. True
 - B. False
8. The penalty for illegal kicking or batting is 10 yards.
 - A. True
 - B. False

9. At the snap, at least five A players shall be on their line of scrimmage and no more than four A players may be backs.
- A. True
 - B. False
10. The referee shall have the authority to correct obvious errors in timing by the play clock if the discovery is prior to the snap.
- A. True
 - B. False
11. At the time the ball is kicked, at least four K players must be on each side of the kicker.
- A. True
 - B. False
12. Effective with the 2020 season, the entire body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.
- A. True
 - B. False
13. It is legal for a player positioned directly behind the snapper to conserve time by intentionally throwing the ball forward to the ground immediately after receiving the snap that has neither been muffed nor touched the ground.
- A. True
 - B. False
14. The play clock is set to 25 seconds when an official's time-out is taken for an injury to a defensive player or a defensive player has an equipment issue.
- A. True
 - B. False
15. Following a legal kick when either team is awarded a new series, the play clock will be set to 25 seconds.
- A. True
 - B. False
16. Each head coach shall designate a representative who will make decisions regarding penalty acceptance or declination.
- A. True
 - B. False
17. It is not a foul for non-contact face-guarding on a forward pass.
- A. True
 - B. False
18. Twenty-five seconds will be on the play clock and start on the ready-for-play signal prior to a try following a score.
- A. True
 - B. False

19. The kicker or place-kick holder may be blocked as soon as the kick has touched the ground or any other player.
- A. True
 - B. False
20. Game officials may use supplementary equipment to aid in game administration as authorized by the state association.
- A. True
 - B. False
21. A disconcerting act foul is a 10-yard penalty.
- A. True
 - B. False
22. When a backward pass strikes the ground, the ball becomes dead.
- A. True
 - B. False
23. A simultaneous catch or recovery involves joint possession of a live ball by opposing players while one or both are inbounds.
- A. True
 - B. False
24. A foul is a rule infraction for which a penalty is prescribed.
- A. True
 - B. False
25. A down begins when the ball is marked ready-for-play.
- A. True
 - B. False
26. A player is in the free-blocking zone when any part of his body is in the zone at the snap.
- A. True
 - B. False
27. Holding an unauthorized conference is considered unsportsmanlike conduct and carries a 15-yard penalty.
- A. True
 - B. False
28. The entire team may come near the sideline between downs to communicate with the coaches.
- A. True
 - B. False

29. An illegal horse-collar foul is grabbing the inside back or side collar, or the nameplate area (directly below the back collar), of either the shoulder pads or the jersey of the runner and subsequently pulling (backward or sideward) that opponent to the ground, even if possession is lost.
- A. True
 - B. False
30. The down does not end when an illegal forward pass is simultaneously caught by the opponent.
- A. True
 - B. False
31. The basic spot, at the option of the offended team, may be the succeeding spot for fouls by K during a legal free or scrimmage kick down (other than kick-catch interference) prior to the end of the kick when K will not be next to put the ball in play.
- A. True
 - B. False
32. The down is ended when a live ball goes out of bounds.
- A. True
 - B. False
33. An interception is securing possession of a live ball after it strikes the ground.
- A. True
 - B. False
34. The signal for free-kick infractions, other than encroachment of the neutral zone, has not been changed for 2020.
- A. True
 - B. False
35. A ball without any stripes is legal for use if both coaches agree to use it.
- A. True
 - B. False
36. The passer continues to be a passer until the legal forward pass ends or the passer moves to participate in the play.
- A. True
 - B. False
37. If a player is not properly equipped, that player is removed from the game for at least one down.
- A. True
 - B. False
38. A back may not wear a jersey with a number 50 through 79.
- A. True
 - B. False

39. Ball-colored exterior arm covers and undershirts are legal equipment.
- A. True
 - B. False
40. The numbers 0 and 00 are legal numbers on a player's jersey.
- A. True
 - B. False
41. Jerseys may not be altered to produce a knot-like protrusion or a tear-away type jersey.
- A. True
 - B. False
42. Hip pads, tailbone protector, knee pads and thigh guards may not be altered from the manufacturer's original design/production.
- A. True
 - B. False
43. Players of the same team can participate during the same down while wearing identical numbers.
- A. True
 - B. False
44. Receivers may legally apply sticky foreign material on their hands as an aid in catching the ball.
- A. True
 - B. False
45. A disqualified player shall be removed even if the penalty for the foul is declined.
- A. True
 - B. False
46. Contacting the opponent's face mask with the hand is not a face-mask foul unless the mask is grasped.
- A. True
 - B. False
47. If B1 intercepts and is downed; and then A1 and A2 both pile on, it is a multiple foul.
- A. True
 - B. False
48. A nonplayer foul may influence the play in progress.
- A. True
 - B. False
49. The penalty for targeting an opponent is 10 yards.
- A. True
 - B. False

50. The spot of a player foul is where the foul occurs.

- A. True
- B. False

51. Illegal motion is a foul at the snap.

- A. True
- B. False

52. A fumble is the touching of a loose ball by a player in an unsuccessful attempt to secure possession.

- A. True
- B. False

53. It is legal to grasp the opponent's chin strap.

- A. True
- B. False

54. It is illegal use of hands if an offensive player (except the runner) grasps or encircles any teammate to form interlocked blocking.

- A. True
- B. False

55. First touching of a kick by K is ignored if the penalty for a foul during the down is accepted.

- A. True
- B. False

56. A kick ends as soon as R1 touches the kick.

- A. True
- B. False

57. No series can ever start on a down other than first down.

- A. True
- B. False

58. A foul can cause the loss of the ball.

- A. True
- B. False

59. A live ball is in player possession or is loose.

- A. True
- B. False

60. Once the ball has been placed down and is ready for play, each player of A who participated in the previous down and each substitute for A must have been, momentarily, between the 9-yard marks before the snap.

- A. True
- B. False

61. An offensive player is on his line of scrimmage when he complies with the position requirements of a lineman.
- A. True
 - B. False
62. The players on each side of and next to the snapper may lock legs with the snapper and may stand, crouch or kneel.
- A. True
 - B. False
63. B players may be anywhere on or behind their line of scrimmage.
- A. True
 - B. False
64. If end A1 accidentally goes out of bounds and returns during the down, he becomes an ineligible pass receiver.
- A. True
 - B. False
65. A player who is an eligible receiver at the snap may become ineligible during the down.
- A. True
 - B. False
66. A backward pass ends when it is caught, recovered or is out of bounds.
- A. True
 - B. False
67. A passer is a player who throws a forward or backward pass.
- A. True
 - B. False
68. The penalty for both offensive and defensive pass interference fouls is 15 yards.
- A. True
 - B. False
69. A forward pass is a pass thrown with its initial direction toward the opponent's end line.
- A. True
 - B. False
70. If runner A1, who is beyond the neutral zone, tosses the ball forward, he has thrown an illegal forward pass.
- A. True
 - B. False
71. Hiding the ball under the jersey is enforced as a basic spot foul using the all-but-one principle.
- A. True
 - B. False

72. When the same team commits a live-ball foul followed by one or more dead-ball fouls, all fouls cannot be penalized.
- A. True
 - B. False
73. A fair catch can be made in or behind K's neutral zone.
- A. True
 - B. False
74. When a penalty is accepted the number of the next down is the same as if the foul had not occurred.
- A. True
 - B. False
75. A catch of an opponent's fumble or pass is called a recovery.
- A. True
 - B. False
76. If a forward pass is caught simultaneously by A1 and B1 the ball becomes dead and belongs to Team A.
- A. True
 - B. False
77. If K1 holds R1 in K's end zone to prevent R1 from recovering a blocked punt, it will be a safety if R accepts the penalty.
- A. True
 - B. False
78. If B1 intercepts a forward pass in B's end zone and drops to one knee, it is a safety.
- A. True
 - B. False
79. During a scrimmage kick, the kicker remains a kicker until the ball is in flight beyond the neutral zone.
- A. True
 - B. False
80. If a scrimmage kick becomes dead inbounds with no player in possession, it is awarded to R.
- A. True
 - B. False
81. If snapper A1 makes an illegal snap and B1 recovers, the ball belongs to Team B.
- A. True
 - B. False
82. The snap begins when the snapper moves the ball by tilting it on end during adjustment.
- A. True
 - B. False

83. An official's time-out may follow a charged time-out if it is for the continuance of a coach-referee conference.
- A. True
 - B. False
84. Any coach may request a time-out.
- A. True
 - B. False
85. The referee may correct an obvious timing error after a period has officially ended, if discovery is prior to the second live ball following the error.
- A. True
 - B. False
86. The game officials are responsible for ensuring that there is a three-minute warm-up period posted on the game clock and that the game clock starts immediately after the halftime intermission expires.
- A. True
 - B. False
87. When a team attempts to conserve or consume time illegally, the referee shall order the game or play clock started or stopped.
- A. True
 - B. False
88. A defensive player shall not use a technique that is not permissible by rule.
- A. True
 - B. False
89. If runner A1 touches B1 while B1 is out of bounds, A1 is also out of bounds.
- A. True
 - B. False
90. On kicks going into K's end zone, force is not a factor.
- A. True
 - B. False
91. A roughing the passer foul by B gives A an automatic first down.
- A. True
 - B. False
92. The penalty for an illegal forward pass from beyond the neutral zone is 10 yards and loss of down.
- A. True
 - B. False

93. No player shall intentionally go out of bounds during the down and influence the play.
- A. True
 - B. False
94. A pop up kick is legal.
- A. True
 - B. False
95. When weather conditions are construed to be hazardous to life or limb of the participants, the crew of game officials is authorized to cancel the game.
- A. True
 - B. False
96. Yard lines shall be marked with a continuous line every 5 yards beginning and ending 6 inches from each sideline.
- A. True
 - B. False
97. A player shall not chop block or clip.
- A. True
 - B. False
98. Before the ready-for-play, A may designate the spot from which the ball is put in play anywhere between the hash marks following an awarded fair catch.
- A. True
 - B. False
99. The game officials are responsible for ensuring that there is only a one-minute intermission between periods for changing goals.
- A. True
 - B. False
100. A measurement may be requested by the captain prior to the ball being ready for play, but it may be denied if, in the referee's opinion, it is obvious the line to gain has or has not been reached.
- A. True
 - B. False